

Demosthenes B. Panagiotakos, *DrMedSc., FESC, FRSPH, FACE*



Current position(s)

Associate Professor in Biostatistics - Epidemiology of Nutrition

Department of Nutrition and Dietetics, Harokopio University, Athens, Greece

Member, Scientific Council, Hellenic Food Authority, Ministry of Health & Welfare

Member, National Council of Public Health, Ministry of Health & Welfare

Studies

2009 CME in Ischemic Heart Disease, Summit, **University of Pisa, Department of Cardiology, Pisa, Italy**

2008 CME in "Implementing CVD prevention in clinical practice: a global public health strategy". **European Society of Cardiology, Nice, France**

2006 CME in "Atherosclerosis", **EAS Summer School, Hamburg, Germany**

2002 - 2003 post-Doctorate in "Cardiovascular Epidemiology", Veterans Affairs Medical Center, **Georgetown University Medical Center, Washington DC, USA**

1999 - 2002 Doctorate in Medicine (Epidemiology/Biostatistics), **School of Medicine, University of Athens, Athens, Greece**

1998 - 2000 MSc in Biostatistics, **School of Medicine and Department of Mathematics, University of Athens, Athens, Greece**

1999 CME in "Epidemiology: Climate Change and Human Health", **London School of Hygiene and Tropical Medicine (LSHTM), University of London, London, UK**

1989 - 1994 MSc/PhD in Mathematical Statistics, **Department of Mathematics, University of Athens, Athens, Greece**

1990-91 Postgraduate Courses in "Data Analysis using Statistical Packages", **Hellenic Statistical Institute, Athens, Greece**

1989-90 Postgraduate Courses in "Actuarial Mathematics", **Hellenic Statistical Institute, Athens, Greece**

1985 - 1989 BSc in Mathematics, Department of Mathematics, **University of Patras, Patras, Greece**

Fellowships

- American College of Epidemiology (2011)
- Royal Society of Public Health (2010)
- European Society of Cardiology (2008)

Memberships

- Society for Risk Analysis (2007)
- Hellenic Society of Nutrigenetics & Nutrigenomics (2008)
- European Society of Cardiology (2005)
- American College of Epidemiology (2004)
- European Arteriosclerosis Society (2003)
- Hellenic Society of Arteriosclerosis,
- Hellenic Society of Arteriosclerosis and Lipidology (2004-2006),
- International Epidemiological Association (2001)
- International Biometrics Society - EMR (2000)
- Society for Clinical Trials (1999)
- American Statistical Association (1996)

Academic & Research Experience

Academic

2008 - present Associate Professor of Biostatistics - Epidemiology of Nutrition, Department of Nutrition Science - Dietetics, **Harokopio University, Athens, Greece**

- Supervisor in 5 PhD Thesis (1 completed)
- Supervisor in 30 MSc Thesis (22 completed)

2004 - 2008 Lecturer of Biostatistics - Epidemiology of Nutrition, Department of Nutrition Science - Dietetics, **Harokopio University, Athens, Greece**

2002 - 2003 Research Scientist and visiting Professor, Cardiology Department, **School of Medicine, Georgetown University and Veterans Affairs Medical Center, Washington**

DC, USA

- 2001 – present** Visiting Professor, in MSc Programmes in (a) Biostatistics, (b) Public Health, (c) Intensive Care Units, (d) Cardiovascular Nursing, at **School of Medicine, University of Athens, Greece**
- 1998 – 2004** Lecturer of Applied Mathematics and Statistics, **Technological Educational Institute of Piraeus, Greece**
- 1996 – 1998** Lecturer in Data analysis & Research Methods, Hellanion College, **Department of Sports Science, University of Portsmouth, UK.**

Other academic positions

- 2011 – 2015** Member of the National Council of Public Health, **Ministry of Health and Welfare**
- 2010 – 2012** Member of the Scientific Council of the *Hellenic Food Authority*, **Ministry of Health and Welfare**
- 2010 – 2011** Member, Senate, **Harokopio University**, Athens, Greece
- 2010 – present** Secretary General, Board of Directors, **Hellenic Atherosclerosis Society**
- 2006** Member, working group Quality of Care and Outcomes Research, **American Heart Association**
- 2006 – 2010** Secretary Special, Board of Directors, **Hellenic Atherosclerosis Society**
- 2006 – 2008** Member, Board of Directors, **Hellenic Society of Nursing Research and Education**
- 2006** Member, «Council on Epidemiology and Prevention», **American Heart Association**
- 2005** Member, working group, Nutrition Policy, *Hellenic Food Authority*, **Ministry of Agriculture**
- 2004 – 2006** Member, Board of Directors, **Hellenic Society of Lipidology and Atherosclerosis**

Research

- 2008 – present** Supervisor, Multivariate Statistical Methods in Food Patterns' Analysis – Research project, Department of Nutrition Science - Dietetics, **Harokopio University**, Athens, Greece
- 2007 – present** Principal investigator of the PANACEA Epidemiologic study, Department of Nutrition Science - Dietetics, **Harokopio University**, Athens, Greece (in collaboration with Penteli's Paediatric Hospital, Athens, Greece)
- 2005 – present** Principal investigator of the MEDIS Epidemiologic study, Department of Nutrition Science - Dietetics, **Harokopio University**, Athens, Greece
- 1996 – 2004** Senior Research Scientist & Head of the Biostatistics-Epidemiology Unit, First Cardiology Department, **School of Medicine, University of Athens**, Greece
- *Senior investigator of the epidemiological studies*
 - *CARDIO2000,*
 - *ATTICA,*
 - *GREECS*

International Research Collaborations

- 2008-2010** *Member of Emerging Risk Factors Collaboration group (University of Cambridge, Department of Public Health and Primary Care, Cambridge, UK).*
- 2008-2010** *Member of Global Burden of Diseases, Injuries, and Risk Factors Study group (Harvard University, Institute for Health Metrics and Evaluation, University of Washington, Johns Hopkins University, University of Queensland, US, World Health Organization).*

Research interests

- Risk modelling & risk analysis
- Multivariate analysis
- Public Health
- Cardiovascular Epidemiology
- Nutritional Epidemiology

Publications

Books

- Panagiotakos D.B., "Research Methods and Analysis, in Health Sciences", 2nd Edition, DIONICOS Pub. Co., Athens 2011 (p 550),
- Stavrinos V, Panagiotakos D.B., "Biostatistics", Gutenberg Pub. Co., Athens 2007 (p 472)
- Panagiotakos D.B., "Research Methods and Analysis, in Health Sciences", K Kostakis Pub. Co., Athens 2005 (p 450),
- Panagiotakos D.B., Pitsavos C., Stefanadis C. "Cardiovascular Epidemiology: CARDIO2000 study", K Kostakis Pub. Co., Athens 2003 (p 112),

Chapters in Books: 24

Papers in peer reviewed International Journals

- N=419 (press [here](#) for full list)
 - Total *Impact Factor (SCI 2008): 1115 (average 2.7 per paper)*
 - *Number of Citations: 5580*
 - *h-index: 38*
 - *R-index: 2.5*
- **Papers in peer-reviewed Greek Journals: 15**
- **Papers in Proceeding of International Conferences: 13**
- **Papers in Proceeding of Greek Conferences: 2**

Awards

- *2 Young Investigators' International Awards*
- *1 Young Investigators' National Award*
- *3 Scholarships (2 National, 1 EU)*

Editorial Board Member

Editor-in-Chief, "Hellenic Journal of Nutrition & Dietetics" (in Greek), since 2010

Editor-in-Chief, "Cardiovascular Epidemiology" e-journal (in Greek), since 2005

Associate Editor, "Lipids in Health and Disease", since 2007

Associate Editor, "Reviews in Diabetic Studies", since 2006

Editor, Epidemiology Research International, since 2010

Editor, "Maturitas", since 2009

Editor, "Atherosclerosis", since 2009

Editor, "Nutrition, Metabolism and Cardiovascular Disease", since 2008

Statistical Editor, "Vascular Disease Prevention", since 2008.

Statistical Editor, "Current Vascular Pharmacology", since 2008.

Statistical Editor, "The Open Cardiovascular Medicine Journal", since 2008.

Statistical Editor, "Health Science Journal", since 2007

Statistical Editor, "Hellenic journal of Cardiology", Hellenic Cardiology Society Publications, since 2005

Additional Information

- **27 invited** Lectures in International (USA, Canada, Scotland, Netherlands, Spain, Turkey, Egypt, Jordan, Germany, Cyprus, France, Czech Republic, Italy) and **115 invited** lectures in Greek Conferences
- **559** presentations in International and Greek Conferences
- Member in the Scientific Advisory Committee of **5** International Conferences and **1** Workshop
- Member in the Organizing Committee of **18** International Conferences and **1** Workshop
- Reviewer in **46** International Journals
- Project evaluator in **17** National and International projects

Project Evaluator

International

1. King Fahd University of Petroleum & Minerals (KFUPM), Saudi Arabia (2011)
2. Medical Research Council, UK, "Peer support to encourage adoption and maintenance of Mediterranean diet" (2011)

3. 2011 Croatian Foundation for Science (CFS) Funding, Biotechnology and Agriculture (2011).
4. 2011 Paul Ambrose Scholars Program Applicant, Association for Prevention Teaching and Research (APTR), USA (2011)
5. Fonds National de la Recherche, Luxemburg (2010)
6. Programme Healthy Nutrition, The Netherlands Organisation of Health, Research and Development (2009)
7. National Centre for Biological Sciences, Tata Institute of Fundamental Research, GKVK, Bangalore (2008)
8. Catalan Agency for Health Technology Assessment and Research (CAHTA) (2008)
9. Centre de Recherche Public, Luxemburg (2007)

National

10. Hellenic Scholarships Foundation (Public Health Nutrition) (2010)
11. Ministry of Education, research projects in Medicine (2009).
12. Hellenic Scholarships Foundation (Public Health Nutrition) (2009)
13. Hellenic Scholarships Foundation (Public Health Nutrition) (2008)
14. Hellenic Scholarships Foundation (Public Health Nutrition) (2007)
15. Athens medical Society (2007)
16. Hellenic Scholarships Foundation (Public Health Nutrition) (2006)
17. Athens medical Society (2006)
18. Hellenic Scholarships Foundation (Public Health Nutrition) (2005)

Reviewer in international journals (since)

1. Advances Applications in Statistics (2002)
2. American Journal of Clinical Nutrition (2005)
3. American Journal of Preventive Medicine (2005)
4. American Journal of Hypertension (2010)
5. Archives of General Psychiatry (2006)
- 6. Archives of Internal Medicine (2006)**
7. Archives of Medical Research (2005)
8. Archives of Pediatrics (2005)
9. Asia-Pacific Journal of Public Health (2011)
- 10. Atherosclerosis (2006)**
11. BMC Public Health (2006)
12. British Journal of Nutrition (2008)
- 13. British Medical Journal (2004)**
14. Canadian Medical Association Journal (2004)
15. Cancer Epidemiology, Biomarkers & Prevention (2010)
16. Cancer Research (2010)
- 17. Circulation (2005)**
18. Clinical Nutrition (2007)
19. Diabetes Research and Clinical Practice (2010)
20. Diabetes Research and Clinical Practice (2006)
- 21. European Heart Journal (2008)**
22. European Journal of Cardiovascular Prevention and Rehabilitation (2004)
23. European Journal of Clinical Investigation (2007)
24. European Journal of Clinical Nutrition (2002)
25. European Journal of Public Health (2007)
26. Food Reviews International (2011)
27. Hellenic Journal Cardiology (2001)
- 28. International Journal of Cardiology (2003)**
29. International Journal of Molecular Sciences (2009)
30. International Journal of Sports Medicine (2006)
31. Italian Journal of Pediatrics (2009)
32. Journal American Aging Association (2010)
33. Journal American Dietetic Association (2007)
- 34. Journal American Medical Association, JAMA (2007)**
35. Journal of Cardiovascular Risk (2002)
- 36. Lancet (2005)**
37. Maturitas (2010)
38. Metabolism (2010)
39. Nutrition Journal (2007)
40. Nutrition Research (2010)

41. Nutrition, Metabolism and Cardiovascular Disease (2004)
42. Open Nutraceuticals Journal (2009)
43. Obesity (2011)
44. PloS One (2011)
45. Public Health (2011)
46. QJM (2011)

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